

ISM SUMMER CAMP LUNCH MENU 2023

JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 4 Cheese Quesadillas Buttered Corn Spanish Rice	13 Spaghetti w/ Turkey Pomodoro Sauce Broccoli Garlic Bread	14 Pizza Day (4 Cheese) Tossed Salad Pineapple	15 Chicken Lo Mein Veggie Spring Roll Tropical Fruit	16 Turkey Sub Chips Fruit <i>*Beach Day- Bag Lunch</i>
19 CLOSED TO OBSERVE HOLIDAY	20 Walking Beef Tacos (Lettuce, Tomato, Cheese) Black Beans Rice	21 Cheese Manicotti Garlic Bread Green Beans	22 Chicken Sandwich French Fries Coleslaw Carrot Sticks	23 Sunbutter & Jelly Sandwich Chips Fruit <i>*Beach Day- Bag Lunch</i>
26 Sliced Herb Chicken Mixed Vegetables Roasted Potatoes Apple Slices	27 Chicken Enchiladas Rice Apples Cucumbers	28 Campanelle w/ Bolognese Sauce Broccoli Garlic Bread	29 Pizza Day (4 Cheese) Tossed Salad Pineapple	30 Turkey Sub Chips Fruit <i>*Beach Day- Bag Lunch</i>

JULY

3 Cheeseburger French Fries Coleslaw	4 CLOSED TO OBSERVE HOLIDAY	5 Vegetable Stir Fry Chicken Potstickers Mandarin Oranges	6 4 Cheese Quesadillas Buttered Corn Spanish Rice	7 Sunbutter & Jelly Sandwich Chips Fruit <i>*Beach Day- Bag Lunch</i>
10 Chicken Tenders Mixed Fruit Butter Pasta Broccoli	11 BBQ Shredded Beef Sandwich Chips Oranges Salad	12 Spaghetti w/ Turkey Pomodoro Sauce Broccoli Garlic Bread	13 Chicken Alfredo Over Penne Pasta Steamed Broccoli French Bread	14 Turkey Sub Chips Fruit <i>*Beach Day- Bag Lunch</i>
17 4 Cheese Quesadillas Buttered Corn Spanish Rice	18 Cheeseburger French Fries Coleslaw	19 Pizza Day (4 Cheese) Tossed Salad Pineapple	20 Chicken Lo Mein Veggie Spring Roll Tropical Fruit	21 Sunbutter & Jelly Sandwich Chips Fruit <i>*Beach Day- Bag Lunch</i>
24 Spaghetti w/Turkey Pomodoro Sauce Broccoli Garlic Bread	25 Walking Beef Tacos (Lettuce, Tomato, Cheese) Black Beans Rice	26 Cheese Manicotti Garlic Bread Green Beans	27 Chicken Sandwich French Fries Coleslaw Carrot Sticks	28 Turkey Sub Chips Fruit <i>*Beach Day- Bag Lunch</i>

AUGUST

31 Sliced Herb Chicken Mixed Vegetables Roasted Potatoes Apple Slices	1 Chicken Enchiladas Rice Apples Cucumbers	2 Campanelle w/ Bolognese Sauce Broccoli Garlic Bread	3 Pizza Day (4 Cheese) Tossed Salad Pineapple	4 Sunbutter & Jelly Sandwich Chips Fruit <i>*Beach Day- Bag Lunch</i>
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MILK OR JUICE & CHOICE OF SALAD, FRUIT OR SOUP OF THE DAY OFFERED WITH MEALS.
SUBSTITUTES ARE PROVIDED BASED ON DIETARY RESTRICTIONS AND NEEDS.
MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY